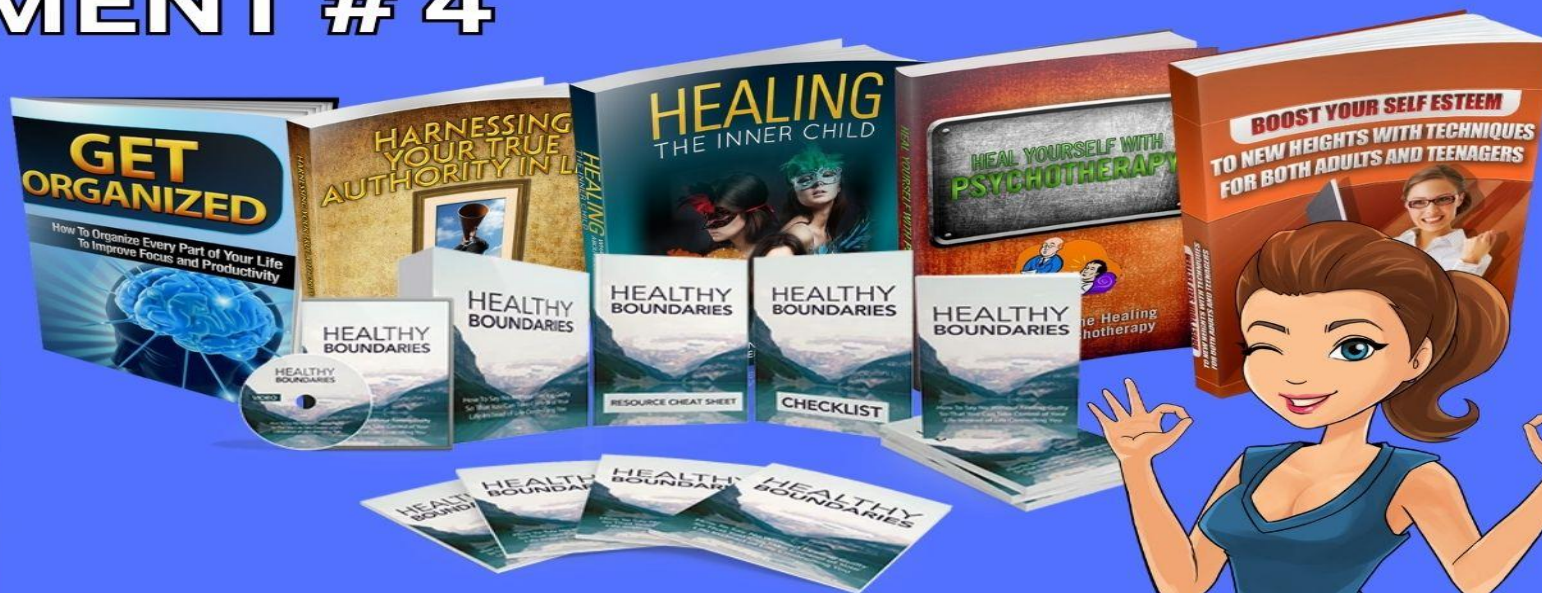




# BONUS PACK 39

**VALUE**  
**\$290**

## SELF IMPROVEMENT # 4 (75 Products)



Amazing collection of Self-Improvement related products for you to stand out from the crowd and improve your life.

**See Details Below**



## DIGISAYS.COM BONUS PACK 39 - SELF IMPROVEMENT # 4

Bonus #	Bonus Name	Description
1901	Gathering The Good	Self Improvement with PLR or MRR Rights
1902	Get What You Really Want AudioBook and Ebook	Self Improvement with PLR or MRR Rights
1903	Getting Over Anxiety	Self Improvement with PLR or MRR Rights
1904	Gift Of Gratitude	Self Improvement with PLR or MRR Rights
1905	Goal Accomplishment Formula	Self Improvement with PLR or MRR Rights
1906	Gratitude Now	Self Improvement with PLR or MRR Rights
1907	Growth Mindset	Self Improvement with PLR or MRR Rights
1908	Growth Principles	Self Improvement with PLR or MRR Rights
1909	Hack On Memory	By enhancing your memory, you can improve multiple aspects of your brain function, thereby helping you to perform better in work, in relationships, and in life. You'll be able to improve your ability to learn and store new information. That means you'll be able to add to your skill set, bulk up your resume, and gain new abilities that could help you to land the job of your dreams.
1910	Hack Your Sleep	Self Improvement with PLR or MRR Rights
1911	Happiness Mantra	Self Improvement with PLR or MRR Rights
1912	Happiness Overflow	You just need to have the right tools and strategies! With this guide, you'll be equipped with the most powerful tools and strategies to helping to find happiness.
1913	Happiness Through Self Care	Self Improvement with PLR or MRR Rights
1914	Harnessing The Power Of Your Subconscious Mind	Self Improvement with PLR or MRR Rights
1915	Harnessing Your True Authority In Life	Attract success with others by expanding your circle of influence. To get to be the expert of your life, you have to get to be comfortable arriving at independent choices, whether or not others agree with you.
1916	Heal Yourself With Psychotherapy	With the increasing stress levels in life due to workplace stress, natural disasters, higher cost of livings, economic downturns and pandemic diseases, people are continuously looking for more forms of peace and comfort through various therapeutic methods.
1917	Healing Spiritual Techniques For Healing The Body	Self Improvement with PLR or MRR Rights
1918	Healing The Inner Child	Do you know what inner child is? If not, then, you are on a right path. Understanding what inner child is not a complicated task. With this guide, you will know everything about this topic. So, start exploring your ideas through understanding the following guide.
1919	Healing Through Lucid Dreaming	Self Improvement with PLR or MRR Rights

1920	Healthy Boundaries	Boundaries are invisible fences for your emotional, mental, and physical wellbeing. If you do not set up boundaries, people can easily infringe on your rights and make you feel disrespected. Unfortunately, many people are clueless about how to set up boundaries and feel that setting boundaries makes them a bad person. This could not be further from the truth. In contrast, setting boundaries allows you to be better respected and creates healthier and happier relationships with those around you.
1921	Helping Your Child Stay Optimistic Ecourse	Self Improvement with PLR or MRR Rights
1922	Hobbies for the Mind	Self Improvement with PLR or MRR Rights
1923	Holistic Growth Goal Setting	Don't set any goals until you get your hands on this goal setting guide! Is the fact that you would like to learn to set better goals but just don't know how and hence making your life difficult maybe even miserable?
1924	Hostile To Anxiety Formula	Self Improvement with PLR or MRR Rights
1925	How To Achieve 48 Hrs Day Combo	All of us struggle to some degree in our efforts to get more done in a day, but for some, it's harder than for others. Is there a secret to getting more done? Is there something about productivity that some people know and apply, perhaps subconsciously?
1926	How To Achieve 48hr Day	It's sunday night, and you're lying down to go to sleep, getting ready to head back to work on monday morning. You think back about all the things that you wanted to get done. You can't remember accomplishing even one of them.
1927	How To Achieve 48hrs Day Process Map	Self Improvement with PLR or MRR Rights
1928	How to Adopt Creative Thinking	Self Improvement with PLR or MRR Rights
1929	How To Be Organized	Is your life full of clutter? Discover how to quickly and easily organize your life so you can get more done and have more focus.
1930	How To Boost Your Memory Power	Self Improvement with PLR or MRR Rights
1931	How To Boost Your Self Esteem	Self Improvement with PLR or MRR Rights
1932	How To Build Your Self Esteem In Just One Weekend	Self Improvement with PLR or MRR Rights
1933	How To Clear The Mind With Meditation	Self Improvement with PLR or MRR Rights
1934	How To Create Empowering Goals	Self Improvement with PLR or MRR Rights
1935	How to Deal with Stress and Cope in the 21st Century	Self Improvement with PLR or MRR Rights
1936	How To Develop A Good Memory	Self Improvement with PLR or MRR Rights
1937	How To Develop Emotional Intelligence	Over the last several decades, the topic of emotional intelligence has become a popular topic the world over. There have been many scientific studies that have been conducted on the subject of emotional intelligence, and the findings are astounding.
1938	How to Develop the Guts to Talk with Anyone	Self Improvement with PLR or MRR Rights
1939	How To Develop Your Power of Concentration	Self Improvement with PLR or MRR Rights



1940	How To Effectively Control Your Anger	Are You Still Repenting The Last Time You Threw Down Your Cell-Phone In Anger? Are People Afraid To Talk To You Because They Fear You Might Blow Your Lid Off Anytime? Have All Methods To Control Your Terribly Volatile Temper Been Unsuccessful? At Last! A Power-Packed Anger Management Guide That Helps You And Gives You Highly Effective And Brilliant Tips To Control Your Mercurial Temper! Learn How You Control Your Anger That Keeps You Just A Hair Strand Away From Danger!
1941	How To Get The Truth Out of Anyone	Self Improvement with PLR or MRR Rights
1942	How to Interpret Your Dreams	Self Improvement with PLR or MRR Rights
1943	How To Live An Optimal Life	How many people do you know who will state that their lives are optimal? If you look around, you might think that happiness has ceased to exist. But, if you want to make your life optimal, you have to take things in your own hands. You have to shape your own life.
1944	How To Live Stress Free	Self Improvement with PLR or MRR Rights
1945	How To Live Up to Your Greatest Potential	Self Improvement with PLR or MRR Rights
1946	How To Master Self Discipline	Self Improvement with PLR or MRR Rights
1947	How To Overcome Procrastination	One of the keys to success is to avoid procrastination, but that is easier said than done. With the help of the 60-page eBook "How To Overcome Procrastination," you can easily get rid of your bad habit of procrastination. The simple, useful tips within the pages of this eBook will definitely help you achieve the success that has been eluding you so far owing to your habit of procrastination.
1948	How to Overcome Your Shyness	Self Improvement with PLR or MRR Rights
1949	How to Raise Your Self Esteem	Self Improvement with PLR or MRR Rights
1950	How To Stay Motivated	Self Improvement with PLR or MRR Rights
Extra 1	How To Stop Worrying And Start Living Effectively In The 21st Century	Self Improvement with PLR or MRR Rights
Extra 2	How To Stop Worrying	Self Improvement with PLR or MRR Rights
Extra 3	How To Take The Stress Out Of Christmas	Self Improvement with PLR or MRR Rights
Extra 4	Hypnosis Mania	Self Improvement with PLR or MRR Rights
Extra 5	Hypnosis Plain and Simple	Self Improvement with PLR or MRR Rights
Extra 6	Hypnotic NLP	Self Improvement with PLR or MRR Rights
Extra 7	Hypnotism and Self Hypnosis v2	Self Improvement with PLR or MRR Rights
Extra 8	I Can Do It	Self Improvement with PLR or MRR Rights
Extra 9	I Can Therefore I Will	Self Improvement with PLR or MRR Rights
Extra 10	I Dont Remember	Self Improvement with PLR or MRR Rights
Extra 11	Improve Memory	Self Improvement with PLR or MRR Rights
Extra 12	Improve Your Memory	Self Improvement with PLR or MRR Rights
Extra 13	Improve Your Self Esteem	Self Improvement with PLR or MRR Rights
Extra 14	Improving Oneself For Good and Achieve Goals In Life	Self Improvement with PLR or MRR Rights

Extra 15	Inspiration Ignition and Integration	Self Improvement with PLR or MRR Rights
Extra 16	Inspirational Ideas	Self Improvement with PLR or MRR Rights
Extra 17	Intellect Reset	Self Improvement with PLR or MRR Rights
Extra 18	Intelligence Quotient	Self Improvement with PLR or MRR Rights
Extra 19	Internalized Motivation	Learning about internalized motivation can have amazing benefits for your life and success! You may accomplish all you want in life if you develop limitless degrees of self-motivation by using your very own self-will! You'll be able to confront all challenges and subdue all concerns without making excuses and putting things off. Many people have never heard of this and have no idea how to go about figuring out where they are or how to change it.
Extra 20	Investing In You	Self Improvement with PLR or MRR Rights
Extra 21	Inward Peace Affirmation	Self Improvement with PLR or MRR Rights
Extra 22	Ironclad Psychology For Internet Marketers	Self Improvement with PLR or MRR Rights
Extra 23	Irresistible You AudioBook and Ebook	Self Improvement with PLR or MRR Rights
Extra 24	Its Okay To Say No	Self Improvement with PLR or MRR Rights
Extra 25	Karma Crash Course	Self Improvement with PLR or MRR Rights